## Dietitian practice act--definitions.

- 324.200. 1. Sections 324.200 to 324.225 shall be known and may be cited as the "Dietitian Practice Act".
- 2. As used in sections 324.200 to 324.225, the following terms shall mean:
- (1) "Commission on Accreditation for Dietetics Education (CADE)", the American Dietetic Association's accrediting agency for education programs preparing students for professions as registered dietitians;
- (2) "Committee", the state committee of dietitians established in section 324.203;
- (3) "Dietetics practice", the application of principles derived from integrating knowledge of food, nutrition, biochemistry, physiology, management, and behavioral and social science to achieve and maintain the health of people by providing nutrition assessment and nutrition care services. The primary function of dietetic practice is the provision of nutrition care services that shall include, but not be limited to:
- (a) Assessing the nutrition needs of individuals and groups and determining resources and constraints in the practice setting;
- (b) Establishing priorities, goals, and objectives that meet nutrition needs and are consistent with available resources and constraints:
- (c) Providing nutrition counseling or education in health and disease;
- (d) Developing, implementing, and managing nutrition care systems;
- (e) Evaluating, making changes in, and maintaining appropriate standards of quality and safety in food and in nutrition services;
- (f) Engaged in medical nutritional therapy as defined in subdivision\* (8) of this section;
- (4) "Dietitian", one engaged in dietetic practice as defined in subdivision\* (3) of this section;
- (5) "Director", the director of the division of professional registration in the department of economic development;
- (6) "Division", the division of professional registration of economic development;
- (7) "Licensed dietitian", a person who is licensed pursuant to the provisions of sections 324.200 to 324.225 to engage in the practice of dietetics or medical nutrition therapy;

- (8) "Medical nutrition therapy", nutritional diagnostic, therapy, and counseling services which are furnished by a registered dietitian;
- (9) "Registered dietitian", a person who:
- (a) Has completed a minimum of a baccalaureate degree granted by a United States regionally accredited college or university or foreign equivalent;
- (b) Completed the academic requirements of a didactic program in dietetics, as approved by CADE;
- (c) Successfully completed the registration examination for dietitians; and
- (d) Accrued seventy-five hours of approved continuing professional units every five years; as determined by the committee on dietetic registration.

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(L. 1998 H.B. 1601, et al. merged with S.B. 650, A.L. 2004 S.B. 1122)
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## Title of licensed dietitian, use permitted, when--penalty.

- 324.205. 1. Any person who holds a license to practice dietetics in this state may use the title "Dietitian" or the abbreviation "L.D.". No other person may use the title "Dietitian" or the abbreviation "L.D.". No other person shall assume any title or use any title or use any abbreviation or any other words, letters, signs, or devices to indicate that the person using the same is a licensed dietitian.
- 2. No person shall practice or offer to practice dietetics in this state for compensation or use any title, sign, abbreviation, card, or device to indicate that such person is practicing dietetics unless he or she has been duly licensed pursuant to the provisions of sections 324.200 to 324.225.
- 3. Any person who violates the provisions of subsection 1 of this section is guilty of a class A misdemeanor.

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(L. 1998 H.B. 1601, et al. merged with S.B. 650, A.L. 1999 H.B. 343, A.L. 2004 S.B. 1122)
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## Permitted acts by persons not holding themselves out as dietitians.

- 324.206. As long as the person involved does not represent or hold himself or herself out as a dietitian as defined by subdivision (4) of subsection 2 of section 324.200, nothing in sections 324.200 to 324.225 is intended to limit, preclude, or otherwise interfere with:
- (1) Self-care by a person or gratuitous care by a friend or family member;

<sup>\*</sup>Word "subsection" appears in original rolls.

- (2) Persons in the military services or working in federal facilities from performing any activities described in sections 324.200 to 324.225 during the course of their assigned duties in the military service or a federal facility;
- (3) A licensed health care provider performing any activities described in sections 324.200 to 324.225 that are within the scope of practice of the licensee;
- (4) A person pursuing an approved educational program leading to a degree or certificate in dietetics at an accredited or approved educational program as long as such person does not provide dietetic services outside the educational program. Such person shall be designated by a title that clearly indicates the person's status as a student;
- (5) Individuals who do not hold themselves out as dietitians marketing or distributing food products including dietary supplements as defined by the Food and Drug Administration or engaging in the explanation and education of customers regarding the use of such products;
- (6) Any person furnishing general nutrition information as to the use of food, food materials, or dietary supplements, nor prevent in any way the free dissemination of literature; provided, however, no such individual may call himself or herself a dietitian unless he or she is licensed under this chapter.

(L. 2004 S.B. 1122)